

# THE ASTBURY | HANDICAP CONVERSION TABLE

Course Handicap	BLACK (MENS) Course Rating = 72.4 Slope = 130	GREEN (MENS) Course Rating = 68.1 Slope = 124	WHITE (MENS) Course Rating = 70.1 Slope = 127	GREEN (WOMENS) Course Rating = 73.7 Slope = 130	RED (WOMENS) Course Rating = 68.5 Slope = 117	Course Handicap
+8		+5.0 to +4.2			+5.0 to +4.9	+8
+7		+4.1 to +3.3	+5.0 to +5.0		+4.8 to +3.9	+7
+6		+3.2 to +2.4	+4.9 to +4.1		+3.8 to +2.9	+6
+5		+2.3 to +1.5	+4.0 to +3.3		+2.8 to +2.0	+5
+4	+5.0 to +4.3	+1.4 to +0.6	+3.2 to +2.4	+5.0 to +4.6	+1.9 to +1.0	+4
+3	+4.2 to +3.4	+0.5 to 0.3	+2.3 to +1.5	+4.5 to +3.7	+0.9 to +0.1	+3
+2	+3.3 to +2.6	0.4 to 1.2	+1.4 to +0.6	+3.6 to +2.8	0.0 to 0.9	+2
+1	+2.5 to +1.7	1.3 to 2.1	+0.5 to 0.3	+2.7 to +2.0	1.0 to 1.9	+1
0	+1.6 to +0.8	2.2 to 3.0	0.4 to 1.2	+1.9 to +1.1	2.0 to 2.8	0
1	+0.7 to 0.0	3.1 to 4.0	1.3 to 2.1	+1.0 to +0.2	2.9 to 3.8	1
2	0.1 to 0.9	4.1 to 4.9	2.2 to 3.0	+0.1 to 0.6	3.9 to 4.8	2
3	1.0 to 1.8	5.0 to 5.8	3.1 to 3.9	0.7 to 1.5	4.9 to 5.7	3
4	1.9 to 2.6	5.9 to 6.7	4.0 to 4.8	1.6 to 2.4	5.8 to 6.7	4
5	2.7 to 3.5	6.8 to 7.6	4.9 to 5.6	2.5 to 3.3	6.8 to 7.7	5
6	3.6 to 4.4	7.7 to 8.5	5.7 to 6.5	3.4 to 4.1	7.8 to 8.6	6
7	4.5 to 5.3	8.6 to 9.4	6.6 to 7.4	4.2 to 5.0	8.7 to 9.6	7
8	5.4 to 6.1	9.5 to 10.3	7.5 to 8.3	5.1 to 5.9	9.7 to 10.6	8
9	6.2 to 7.0	10.4 to 11.2	8.4 to 9.2	6.0 to 6.7	10.7 to 11.5	9
10	7.1 to 7.9	11.3 to 12.2	9.3 to 10.1	6.8 to 7.6	11.6 to 12.5	10
11	8.0 to 8.7	12.3 to 13.1	10.2 to 11.0	7.7 to 8.5	12.6 to 13.5	11
12	8.8 to 9.6	13.2 to 14.0	11.1 to 11.9	8.6 to 9.3	13.6 to 14.4	12
13	9.7 to 10.5	14.1 to 14.9	12.0 to 12.8	9.4 to 10.2	14.5 to 15.4	13
14	10.6 to 11.3	15.0 to 15.8	12.9 to 13.7	10.3 to 11.1	15.5 to 16.4	14
15	11.4 to 12.2	15.9 to 16.7	13.8 to 14.5	11.2 to 11.9	16.5 to 17.3	15
16	12.3 to 13.1	16.8 to 17.6	14.6 to 15.4	12.0 to 12.8	17.4 to 18.3	16
17	13.2 to 13.9	17.7 to 18.5	15.5 to 16.3	12.9 to 13.7	18.4 to 19.3	17
18	14.0 to 14.8	18.6 to 19.5	16.4 to 17.2	13.8 to 14.6	19.4 to 20.2	18
19	14.9 to 15.7	19.6 to 20.4	17.3 to 18.1	14.7 to 15.4	20.3 to 21.2	19
20	15.8 to 16.6	20.5 to 21.3	18.2 to 19.0	15.5 to 16.3	21.3 to 22.2	20
21	16.7 to 17.4	21.4 to 22.2	19.1 to 19.9	16.4 to 17.2	22.3 to 23.1	21
22	17.5 to 18.3	22.3 to 23.1	20.0 to 20.8	17.3 to 18.0	23.2 to 24.1	22
23	18.4 to 19.2	23.2 to 24.0	20.9 to 21.7	18.1 to 18.9	24.2 to 25.1	23
24	19.3 to 20.0	24.1 to 24.9	21.8 to 22.5	19.0 to 19.8	25.2 to 26.0	24
25	20.1 to 20.9	25.0 to 25.8	22.6 to 23.4	19.9 to 20.6	26.1 to 27.0	25
26	21.0 to 21.8	25.9 to 26.7	23.5 to 24.3	20.7 to 21.5	27.1 to 28.0	26
27	21.9 to 22.6	26.8 to 27.7	24.4 to 25.2	21.6 to 22.4	28.1 to 28.9	27
28	22.7 to 23.5	27.8 to 28.6	25.3 to 26.1	22.5 to 23.2	29.0 to 29.9	28
29	23.6 to 24.4	28.7 to 29.5	26.2 to 27.0	23.3 to 24.1	30.0 to 30.9	29
30	24.5 to 25.2	29.6 to 30.4	27.1 to 27.9	24.2 to 25.0	31.0 to 31.8	30
31	25.3 to 26.1	30.5 to 31.3	28.0 to 28.8	25.1 to 25.9	31.9 to 32.8	31
32	26.2 to 27.0	31.4 to 32.2	28.9 to 29.7	26.0 to 26.7	32.9 to 33.8	32
33	27.1 to 27.9	32.3 to 33.1	29.8 to 30.6	26.8 to 27.6	33.9 to 34.7	33
34	28.0 to 28.7	33.2 to 34.0	30.7 to 31.4	27.7 to 28.5	34.8 to 35.7	34
35	28.8 to 29.6	34.1 to 34.9	31.5 to 32.3	28.6 to 29.3	35.8 to 36.7	35
36	29.7 to 30.5	35.0 to 35.9	32.4 to 33.2	29.4 to 30.2	36.8 to 37.6	36
37	30.6 to 31.3	36.0 to 36.8	33.3 to 34.1	30.3 to 31.1	37.7 to 38.6	37
38	31.4 to 32.2	36.9 to 37.7	34.2 to 35.0	31.2 to 31.9	38.7 to 39.5	38
39	32.3 to 33.1	37.8 to 38.6	35.1 to 35.9	32.0 to 32.8	39.6 to 40.5	39
40	33.2 to 33.9	38.7 to 39.5	36.0 to 36.8	32.9 to 33.7	40.6 to 41.5	40
41	34.0 to 34.8	39.6 to 40.4	36.9 to 37.7	33.8 to 34.5	41.6 to 42.4	41
42	34.9 to 35.7	40.5 to 41.3	37.8 to 38.6	34.6 to 35.4	42.5 to 43.4	42
43	35.8 to 36.5	41.4 to 42.2	38.7 to 39.5	35.5 to 36.3	43.5 to 44.4	43
44	36.6 to 37.4	42.3 to 43.1	39.6 to 40.3	36.4 to 37.2	44.5 to 45.3	44
45	37.5 to 38.3	43.2 to 44.1	40.4 to 41.2	37.3 to 38.0	45.4 to 46.3	45
46	38.4 to 39.2	44.2 to 45.0	41.3 to 42.1	38.1 to 38.9	46.4 to 47.3	46
47	39.3 to 40.0	45.1 to 45.9	42.2 to 43.0	39.0 to 39.8	47.4 to 48.2	47
48	40.1 to 40.9	46.0 to 46.8	43.1 to 43.9	39.9 to 40.6	48.3 to 49.2	48
49	41.0 to 41.8	46.9 to 47.7	44.0 to 44.8	40.7 to 41.5	49.3 to 50.2	49
50	41.9 to 42.6	47.8 to 48.6	44.9 to 45.7	41.6 to 42.4	50.3 to 51.1	50
51	42.7 to 43.5	48.7 to 49.5	45.8 to 46.6	42.5 to 43.2	51.2 to 52.1	51
52	43.6 to 44.4	49.6 to 50.4	46.7 to 47.5	43.3 to 44.1	52.2 to 53.1	52
53	44.5 to 45.2	50.5 to 51.3	47.6 to 48.4	44.2 to 45.0	53.2 to 54.0	53
54	45.3 to 46.1	51.4 to 52.3	48.5 to 49.2	45.1 to 45.8		54
55	46.2 to 47.0	52.4 to 53.2	49.3 to 50.1	45.9 to 46.7		55
56	47.1 to 47.8	53.3 to 54.0	50.2 to 51.0	46.8 to 47.6		56
57	47.9 to 48.7		51.1 to 51.9	47.7 to 48.5		57
58	48.8 to 49.6		52.0 to 52.8	48.6 to 49.3		58
59	49.7 to 50.5		52.9 to 53.7	49.4 to 50.2		59
60	50.6 to 51.3		53.8 to 54.0	50.3 to 51.1		60
61	51.4 to 52.2			51.2 to 51.9		61
62	52.3 to 53.1			52.0 to 52.8		62
63	53.2 to 53.9			52.9 to 53.7		63
64	54.0 to 54.0			53.8 to 54.0		64

### USING THE TABLES:

- (1) Find the slope rating for the set of tees you will be playing.
- (2) Find your Handicap Index.
- (3) Read across the table to find your Course Handicap.